

Supporting another “winner”

Congratulations Fahmi

We are delighted to announce that scholarship student Fahmi Husaena is just one of six people from Indonesia to be invited to the prestigious Seoul International Invention Fair being held from 6-9 December 2018.

He will be introducing his Achilles Physiotherapy Orthosis (AVEO), a shoe designed to help prevent ankle muscle contracture which results in a permanent shortening of a muscle or joint.

The Fair, first held in 2002, is the largest international invention exhibition in Asia. Hosted by the Korean Intellectual Property Office (KIPO) and organized by the Korea Invention Promotion Association (KIPA), it exhibits over 600 new inventions from over 30 countries from around the world and attracts some 40,000 spectators, buyers, and investors from around the globe.

“ This is a tremendous achievement,” said Rehabilim Chairman Bill Russell, “and we are very proud of Fahmi who is fast becoming an inspiration and role-model for other young people with a physical disability. Most importantly, he’s showing the people of Indonesia that disability can be overcome and he can make an invaluable contribution to society and help others struggling to deal with their own disability.”

Fahmi featured in our last issue of Rehabilim News when he was recognised as one of the Top Five winners of the 2018 Electric Sports Car Design competition run by Muscle Car Indonesia (MCI).



Nengah sets her sights on Tokyo 2020 Paralympics



Ni Nengah Widiastih sits straight. Then looks down, closes her eyes, gathers her thoughts and meditates for some few seconds before letting out a loud scream. The Indonesian then proceeds to clear the bar at 97kg to win the women’s up to 45kg at the European Open Championships in Berck-Sur-Mer, France. “It feels really good to get this gold medal for Indonesia,” the 28-year-old said. “I did not expect to win because it was a very hard competition but tried to deliver my best. But I did and am very happy now.”

That was how Nengah’s performance, at the European Championships back in May this year, was described by a reporter.

We can now bring you up to date with her performances at the Asia-Oceania Powerlifting Championships in Japan in September and just weeks ago at the Asian Para Games in Jakarta as she sets her goals for Tokyo.

After her win in Europe, Nengah was determined to do her best in Japan. She did this with her personal best ever lift of 101 kg in the up to 45kg class to win the gold medal. However, at the Asian Para Games in Jakarta she came up against her main rival Lingling Guo of China who lifted a world record 115 kg for the gold with Nengah taking out the silver medal.

Chairman's Chat



On my last visit to Yogyakarta, I met with all the students we sponsor except one and she was in The United States playing representative volleyball for her province.

How things have changed for the life of a disabled person. Only a few years ago that would have been impossible.

Each of the students updated me on what they were doing and I have to say it was impressive.

One or two of them have started their own company, one is designing Batik (see later in this newsletter) and another one, Fahmi was also inventing things, having recently won an award for designing a model racing car.

All the students were in good form and the scholarship has certainly made a difference to their life.

Indonesia is now more aware of disability in young people and the advent of the Asian

paraplegic games a few weeks ago made that awareness even more acceptable.

Our "Old " friend Nengah Widiasih got a silver medal in the Asian Games lifting 98 kg. Not bad for a girl who herself weighs less than 48 kg !

Rehabilim is proud to have played a tiny part in the rehabilitation of these young people, by providing them an incentive to get an education which ultimately gets them a better future, but it can only be done with the continuing help that you as our supporters give us. Please keep us in your mind and in your prayers.

Bill Russell
Chairman

Nengah sets her sights

...Continued from page #1

These two are now ranked number one and two in world para powerlifting in the up to 45kg class.

Nengah is the first Indonesian to win a Paralympic medal when she won bronze at the Rio Paralympics in 2016.

With important competitions over the next year, she believes the best is yet to come.

"First I have the World Championships in Astana, Kazakhstan, in 2019. And then I will fully focus on Tokyo 2020," she said. "It is my dream to be there and hopefully will perform even better than at Rio 2016."



Rehabilim funds tailoring course

The Rehabilim Trust and the All Saints Church in Jakarta jointly funded this tailoring course at PRY with a happy group of attendees exhibiting the clothes they made as a result of the course.



“This is exactly the kind of skills-course we are keen to support and is in keeping with the aims of the work started by Colin McLennan to help young people with physical disabilities learn skills they can then use to become independent and earn a living,” said Rehabilim Chairman Bill Russell.



Appointment of Scholarship Student Officer

Rehabilim has been looking for some time at the possibility of employing someone in Indonesia to help look after scholarship students and provide support for our very hardworking Scholarship

Co-ordinator Ms Lenny Hadiprobowo based in Bali, said Rehabilim Chairman Bill Russell.

“We are extremely appreciative of the great work Lenny does for Rehabilim while at the same time she is very busy with her fulltime job as a financial advisor with a leading bank in Indonesia.”

“Because most of our scholarship students come from Yogyakarta, Malang and other regions in Java, we think it's time to have someone based in that area to liaise with our students and help Lenny with applications and interviews.”

The scholarship programme is proving to be very popular with those who qualify to apply i.e. physically disabled young people, and provides access to skills necessary to give them the opportunity to gain employment or earn an independent income, said Bill.

“We are very pleased to welcome Retno Embarini who lives in Yogyakarta, as our Scholarship Student Officer. Until recently, she was employed at PRY for many years and has considerable experience in working with people disabilities.

Ms Embarini will be responsible for dealing with all day-to-day enquiries that the students have regarding their scholarship status and will ensure that the Scholarship is valued and appreciated.

She will find disabled students who would benefit from a Colin McLennan Scholarship, and recruit students when required to fill our programme.

Currently we have a capability of 10 students, most of them are over three years for funding purposes. Advance warning of completion of their study assists the board in planning for replacement students.

She will report on the progress of students and ensure they each provide a brief 3 monthly report so that we can advise donors who support our activities.



The Rehabilim Trust Inc.

The Rehabilim Trust was established originally by a New Zealander, the late Colin McLennan MBE, to support the YAKKUM Rehabilitation Centre, referred to as Pusat Rehabilitasi YAKKUM, or PRY, in Yogyakarta, Indonesia. In addition, The Trust now supports other disabled children's charities providing assistance to disabled children and young adults, regardless of religion, to enable them to become independent and self reliant by learning and using income-generating skills.

The Rehabilim Trust Inc currently supports 10 young disabled Indonesians who are recipients of a Colin McLennan Memorial Scholarship valued at NZ \$1000 each, per year for three years. The Trust is looking to extend this type of charitable support.

The Trust depends on service organisations and individual donors for financial support.

Rehabilim Donation Form

I wish to support young physically disabled Indonesians.

Enclosed is my cheque, made out to "The Rehabilim Trust", for \$ _____

Name _____

Address _____

Telephone _____

Email _____

Donations may be made directly to our Westpac Bank Account: 03 0539 0238389 00

Please send your donation, large or small, to:

**The Treasurer
The Rehabilim Trust Inc
PO Box 51 212 Tawa
WELLINGTON 5249**

IMPORTANT NOTICE

If you would like to receive future Newsletters electronically, please send us your email address to:
rehabilimtrust@xtra.co.nz